

ATHLETIC TRAINING, MASTER OF

Saint Louis University's athletic training program offers a Master of Athletic Training degree. There are three paths of entry into the SLU program.

- Early-assurance, freshman-entry:
 - Five-year curriculum, including two summers
 - Receive a Bachelor of Science in Exercise Science - Athletic Training (B.S.E.S.-AT) concentration after successfully completing the first four years of coursework
 - Receive the M.A.T. degree after successfully completing an additional one year of post-baccalaureate coursework
- Early-assurance, undergraduate transfer:
 - Transfer from another program or university during undergraduate studies
- Post-baccalaureate
 - Two-year curriculum, including two summers
 - Receive the M.A.T. degree after successfully completing two years of graduate coursework

SLU's athletic training program is the standard of excellence within the field, boasting an outstanding pass rate on the Board of Certification (BOC) exam and excellent job placement rates. SLU students and faculty are engaged regularly in the profession, receiving honors at the national and international levels.

SLU's program has a proven track record of global engagement. The athletic program has a curricular track in which students can attend Saint Louis University-Madrid (<https://www.slu.edu/madrid/>) for up to four undergraduate semesters; international clinical exchange program with universities in Spain and Ireland; and the program is an institutional member of the World Federation of Athletic Training and Therapy (WFATT).

Upon graduation, students are eligible to take the BOC examination for the certified athletic trainer, or ATC, credential.

Program Handbook (<https://www.slu.edu/doisy/degrees/-pdf/at-handbook.pdf>)

Accelerated 3+2 B.S.E.S.-AT+M.A.T. Financial Fact Sheet (<https://www.slu.edu/doisy/degrees/-pdf/at-financial-fact-sheet.pdf>)

Post-Baccalaureate M.A.T. Financial Fact Sheet (<https://www.slu.edu/doisy/degrees/-pdf/at-grad-financial-fact-sheet.pdf>)

Program Highlights

The advantages to earning a Master of Athletic Training degree at Saint Louis University include:

- Opportunity for direct admission to the program as a freshman
- Opportunities to pursue additional curricular goals such as minors, certificates and study abroad programs
- SLU is home to the only NCAA Division I athletic program in the city of St. Louis
- Diverse clinical education opportunities during five of six semesters, including:

- Fall immersive clinical experience
- Dedicated physician practice setting experience
- Two semesters of remote learning and flexible housing accommodations
- Highly qualified and accessible faculty
- Interprofessional focus of core curriculum to build a team approach to health care
- State-of-the-art laboratories and clinical equipment in the Doisy College of Health Sciences (<https://www.slu.edu/doisy/>)

Curriculum Overview

Students who begin the program as freshmen spend their first three years completing liberal arts and science prerequisite courses. Students who meet academic and professional behavior requirements of the preprofessional phase continue into the two-year professional phase of the program after their third year.

Post-baccalaureate students complete the two-year professional phase of the program.

The two-year professional phase includes coursework in the five domains of athletic training practice: risk reduction, wellness and health literacy; assessment, evaluation and diagnosis; critical incident management; therapeutic intervention; and health care administration and professional responsibility. Students participate in clinical experiences five of six semesters in a variety of practice settings.

Clinical and Research Opportunities

SLU's athletic training students participate in clinical experiences five of six semesters, and the diversity of clinical sites is a hallmark of the program. In addition to Saint Louis University's athletic teams, eight other St. Louis-area universities and over 20 high schools serve as clinical sites for the program. Students obtain dedicated experience in a physician practice setting during the second summer of the professional phase, followed by an immersive clinical experience during the second Fall. Both of these experiences allow students to explore unique clinical opportunities either within St. Louis or elsewhere in the country. The immersive clinical experience is a practice-intensive experience that allows the student to experience the totality of care provided by athletic trainers. Students participate in the day-to-day and week-to-week role of an athletic trainer. Students experience additional networking opportunities through supplemental clinical experiences, such as club sports, NCAA championship events, and summer camps.

Program faculty are actively engaged in a variety of scholarly activities within SLU's state-of-the-art research laboratories, providing many opportunities for students to gain experience in research and scholarship. Faculty members serve in prominent roles in state, regional and national organizations in athletic training, and students have the opportunity to travel with faculty to local, regional, and national conferences to present their scholarly work. Additionally, the program houses the editorial offices of the Journal of Athletic Training and the Athletic Training Education Journal.

Careers

Graduates work in a variety of settings, practicing injury prevention, assessment and rehabilitation, and activity-specific conditioning.

Certified athletic trainers work in many settings such as:

- High schools
- Colleges and universities
- Professional sports
- Sports medicine clinics
- Military, law enforcement, tactical teams
- Performing arts
- Occupational/Industrial organizations

In addition to providing patient care, athletic trainers also work as clinical researchers, administrators, faculty members and clinical instructors.

Tuition

Tuition	Total Program Cost
Master of Athletic Training	\$56,920

M.A.T. program tuition does not include undergraduate tuition.

Additional charges may apply. Other resources are listed below:

Information on Tuition and Fees (<https://catalog.slu.edu/academic-policies/student-financial-services/tuition/>)

Miscellaneous Fees (<https://catalog.slu.edu/academic-policies/student-financial-services/fees/>)

Information on Summer Tuition (<https://catalog.slu.edu/academic-policies/student-financial-services/tuition-summer-current/>)

Scholarships and Financial Aid

There are two principal ways to help finance a Saint Louis University education:

- **Scholarships:** Awarded based on academic achievement, service, leadership and financial need. In addition to SLU scholarships, the Doisy College of Health Sciences offers scholarships (<https://www.slu.edu/doisy/about/scholarships-for-current-students.php>) to sophomores, juniors, seniors and graduate students.
- **Financial Aid:** Provided in the form of grants and loans, some of which require repayment.

For priority consideration of merit-based scholarships, applicants should apply for admission by Dec. 1 and complete a Free Application for Federal Student Aid (FAFSA) by Feb. 1.

For more information, visit the Office of Student Financial Services (<https://www.slu.edu/financial-aid/>).

Accreditation

SLU's Master of Athletic Training Program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE) as a graduate professional program. The Master of Athletic Training program is one of more than 250 CAATE accredited programs nationally.

Commission on Accreditation of Athletic Training Education

2001 K Street NW, 3rd Floor North
Washington, D.C. 20006
P. 512-733-9700
844-GO-CAATE (844-462-2283)
caate.net (<https://caate.net/>)

For more information about the SLU athletic training program's outcomes, graduation rates, retention rates, board of certification exam

pass rates and job placement rates, please see the program outcomes data reported by CAATE (<https://caate.net/program-info/71/>).

Learning Outcomes

1. Graduates will be able to demonstrate respect for diversity as it relates to the practice of athletic training.
2. Graduates will be able to demonstrate effective communication strategies necessary for patient-centered care.
3. Graduates will be able to demonstrate interprofessional collaboration skills that advance holistic patient-centered care.
4. Graduates will be able to employ evidence-based clinical reasoning in the practice of athletic training.
5. Graduates will be able to demonstrate the ability to translate athletic training concepts into effective clinical practice.

Requirements

Admission Requirements

Freshman Applicants

General Information

Every application to the athletic training program is reviewed on an individual basis.

Freshman Admission Requirements

The best-qualified students are selected from the application pool with a minimum recommended cumulative GPA of 3.00 on a 4.00 scale.

Recommended high school courses:

- Four years of high school English
- Four years of high school math, with achievement to at least the level of pre-calculus
- Four years of high school science, including biology and chemistry
 - Physics is encouraged by not required

Standardized test scores are optional. When evaluating whether to apply test-optional or with a test score, applicants should note that students accepted in previous years had an average composite 25 ACT or an average total 1200 SAT.

Meeting admission requirements does not guarantee admission to the program.

Transfer Applicants

General Information

As space allows, students may enter the AT Program as internal (enrolled in another program at SLU) or external (enrolled in another college or university) transfer students. Applications are accepted on a rolling basis.

Transfer Admission Requirements

- Minimum of 25 hours of college credit
- Minimum cumulative GPA of a 3.00 on a 4.00 scale
- No science course grade below a C
- External applicants must submit official transcripts

Current SLU students interested in transferring to the program should discuss their plans with their current academic advisor. Following that discussion, the student will be referred to the AT program director to review coursework and eligibility further.

External students should contact the Transfer Admissions Office (<https://www.slu.edu/admission/transfer/>). A transfer advisor will review the coursework and the student's eligibility for the program. They will also discuss admission procedures to the University. Following that discussion, the student will be referred to the AT program director to review coursework and eligibility further. Transferology (<https://www.slu.edu/admission/transfer/credits/>) is a helpful resource to determine how coursework from other colleges/universities may transfer toward the MAT Program.

Meeting admission requirements does not guarantee admission to the program.

Post-Baccalaureate Applicants

General Information

As space allows, students may enter the MAT Program as a post-baccalaureate student.

[Begin your application for this program through the Athletic Training Centralized Application System \(ATCAS\) \(<https://atcas.liasoncas.com/applicant-ux/#/login>\) or through the SLU graduate application portal.](#) The priority application deadline is November 15th but applications will be accepted on a rolling basis as space permits until April 1 [to be considered for summer admission. Classes start mid-May.](#)

Admission Requirements

- Minimum cumulative GPA of a 3.00 on a 4.00 scale
- No science course grade below a C
- Required prerequisite college courses must be completed prior to beginning the program with a grade of C or above:
 - Biology with Lab (4 credits)
 - Chemistry with Lab (4 credits)
 - Physics with Lab (4 credits)
 - Anatomy (3-4 credits) and Human Physiology (3-4 credits)
 - Or Anatomy & Physiology I and II (6-8 credits)
 - Exercise Physiology (3 credits)
 - General Psychology (3 credits)
 - Statistics (3 credits)
 - Nutrition (3 credits)
 - Medical Terminology (1-3 credits)

Application Requirements

- Three letters of recommendation
- Professional goal statement (500 words)
- GRE scores are not required

Meeting admission requirements does not guarantee admission to the program.

International Applicants

Note: Students must score in the High Intermediate to Advanced range on the TOEFL Reading, Listening and Writing sections and must score in the Advanced range on the TOEFL Speaking section.

All admission policies and requirements for domestic students apply to international students. International students must also meet the following additional requirements:

- Demonstrate English Language Proficiency

- Academic records, in English translation, of students who have undertaken postsecondary studies outside the United States must include:
 - Courses taken and/or lectures attended
 - Practical laboratory work
 - The maximum and minimum grades attainable
 - The grades earned or the results of all end-of-term examinations
 - Any honors or degrees received.
 - WES and ECE transcripts are accepted.
- In order to be issued an I-20 for your F-1 visa application, students must submit financial documents. Proof of financial support that must include:
 - A letter of financial support from the person(s) or sponsoring agency funding the student's time at Saint Louis University
 - A letter from the sponsor's bank verifying that the funds are available and will be so for the duration of the student's study at the University
 - An official loan document specifying the loan amount in USD, loan start date and name of Saint Louis University.

Program Requirements

Students must earn a grade of C or higher in all courses.

Code	Title	Credits
ANAT 5010	Human Gross Anatomy [†]	5
EXSC 5121	Clinical Biomechanics [†]	3
EXSC 5241	Clinical Research and Design [†]	2
MAT 5010	Principles of Athletic Training [†]	2
MAT 5150	Foundations in Pain Science and Tissue Healing [†]	2
MAT 5160X	Aspects of Nutrition [†]	2
MAT 5200	Critical Incident Management in Athletic Training [†]	2
MAT 5240	Musculoskeletal Assessment and Management I [†]	4
MAT 5250	Musculoskeletal Assessment and Management II [†]	4
MAT 5500	Rehabilitation in Athletic Training I [†]	4
MAT 5550	Rehabilitation in Athletic Training II	2
MAT 5600	Athletic Training Administration	3
MAT 5620X	Sports Psychology	3
MAT 5700	AT Clinical Practicum I	3
MAT 5750	AT Clinical Practicum II	3
MAT 5800	Medical Conditions and Physical Activity [†]	3
MAT 5900	AT Field Experience	4
MAT 6010	Contemporary Clinical Practice	3
MAT 6160	Enhancing Human Performance	3
MAT 6700	AT Clinical Practicum III	3
MAT 6750	AT Clinical Practicum IV	3
Total Credits		63

[†] Direct entry freshmen program courses taken in the Senior Year.

Additional Academic Requirements

Saint Louis University has graduation requirements for all degree-seeking students. Students are responsible for understanding these Graduation

Requirements (<https://catalog.slu.edu/academic-policies/academic-policies-procedures/graduation-requirements/>).

Academic Standing

Every semester, students must earn at least a 2.70 to stay in good standing within the program. Students who fall below a 2.70 in any semester will be placed on program probation. For more information, please see program standing standards as outlined in the AT Program Handbook.

Saint Louis University has undergraduate and graduate standards regarding a student's Academic Standing. Students are responsible for understanding the Academic Standing policy (<https://catalog.slu.edu/academic-policies/academic-policies-procedures/academic-standing-undergraduate/>).

Bachelor of Science in Exercise Science Requirements (<https://catalog.slu.edu/colleges-schools/health-sciences/exercise-science-bs/#requirementstext>)

Roadmap

This roadmap is just one example of a semester-by-semester plan of study for this program. There are other plans students can and do take. The plan of study for each particular student is established in consultation with each student's academic advisor; *this roadmap does not replace academic advising appointments.*

Roadmap notes:

- This Roadmap assumes full-time enrollment unless otherwise noted.
- Courses/Milestones marked with an "!" are critical and must be completed in the semester listed in the Roadmap to ensure a timely graduation.
- Course availability and sequencing are subject to change.

Standard Track

Course	Title	Credits
Year One		
Fall		
BIOL 1240 & BIOL 1245	General Biology: Information Flow and Evolution and Principles of Biology I Laboratory	4
CHEM 1080 & CHEM 1085	Principles of Chemistry 1 Lecture and Principles of Chemistry 1 Lab (satisfies CORE 3800)	4
CORE 1500	Cura Personalis 1: Self in Community	1
ENGL 1900	Advanced Strategies of Rhetoric and Research (satisfies CORE 1900)	3
XXXX	Elective	3
Credits		15
Spring		
CHEM 1480 & CHEM 1485	Principles of Chemistry 2 Lecture and Principles of Chemistry 2 Lab	4
CORE 1000	Ignite First Year Seminar	2
CORE 1200	Eloquentia Perfecta 2: Oral and Visual Communication	3
MATH 1400	Pre-Calculus ¹	3

DIET 2080	Foundations in Nutrition	3
Credits		15

Year Two

Fall

CORE 1700	Ultimate Questions: Philosophy	3
IPE 2100	Interprofessional Collaboration and Healthcare in Global Context	3
MAT 2000	Athletic Training Student Development I	1
PHYS 1310	College Physics I	3
PHYS 1320	College Physics I Laboratory	1
PPY 2540	Human Physiology	4
PSY 1010	General Psychology (satisfies CORE 3600)	3

Credits 18

Spring

ANAT 1000	Basic Human Anatomy	3
CORE 1600	Ultimate Questions: Theology	3
CORE 2500	Cura Personalis 2: Self in Contemplation	0
IPE 4200	Applied Decision-Making in Interprofessional Practice	3
PHYS 1330	College Physics II	3
PHYS 1340	College Physics II Laboratory	1
XXXX	Upper Division Psychology Elective	3

Credits 16

Year Three

Fall

CORE 2800	Eloquentia Perfecta 3: Creative Expression	2-3
CORE 3400	Ways of Thinking: Aesthetics, History, and Culture	3
PHIL 2050	Ethics	3
STAT 1100	Introduction to Statistics (satisfies CORE 3200)	3
XXXX	Elective	3

Credits 14-15

Spring

IPE 4900	Interprofessional Community Practicum	3
MAT 3000	Athletic Training Student Development II (! satisfies CORE 3500)	2
EXSC 3230	Exercise Physiology	3
XXXX	Elective	3
XXXX	Elective	1-3

Credits 12-14

Summer

ANAT 5010	Human Gross Anatomy	5
MAT 5010	Principles of Athletic Training	2

Credits 7

Year Four

Fall

EXSC 5121	Clinical Biomechanics	3
MAT 5160X	Aspects of Nutrition	2
MAT 5150	Foundations in Pain Science and Tissue Healing	2
MAT 5200	Critical Incident Management in Athletic Training	2

MAT 5240	Musculoskeletal Assessment and Management I	4
MAT 5700	AT Clinical Practicum I	3

Credits 16

Spring

Bachelor of Science in Exercise Science - AT awarded upon successful completion of this semester of courses (minimum 120 credits)

MAT 5250	Musculoskeletal Assessment and Management II	4
MAT 5500	Rehabilitation in Athletic Training I	4
MAT 5750	AT Clinical Practicum II	3
EXSC 5241	Clinical Research and Design	2
MAT 5800	Medical Conditions and Physical Activity	3

Credits 16

Summer

MAT 6700	AT Clinical Practicum III	3
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Credits 3

Year Five

Fall

MAT 5550	Rehabilitation in Athletic Training II	2
MAT 5600	Athletic Training Administration	3
MAT 5900	AT Field Experience	4

Credits 9

Spring

MAT 5620X	Sports Psychology	3
MAT 6010	Contemporary Clinical Practice	3
MAT 6160	Enhancing Human Performance	3
MAT 6750	AT Clinical Practicum IV	3

Credits 12

Total Credits 153-156

Post-Baccalaureate Entry

Course	Title	Credits
Year One		
Summer		
ANAT 5010	Human Gross Anatomy	5
MAT 5010	Principles of Athletic Training	2
		Credits 7
Fall		
EXSC 5121	Clinical Biomechanics	3
MAT 5150	Foundations in Pain Science and Tissue Healing	2
MAT 5160X	Aspects of Nutrition	2
MAT 5200	Critical Incident Management in Athletic Training	2
MAT 5240	Musculoskeletal Assessment and Management I	4
MAT 5700	AT Clinical Practicum I	3
		Credits 16
Spring		
EXSC 5241	Clinical Research and Design	2

MAT 5250	Musculoskeletal Assessment and Management II	4
MAT 5500	Rehabilitation in Athletic Training I	4
MAT 5750	AT Clinical Practicum II	3
MAT 5800	Medical Conditions and Physical Activity	3

Credits 16

Year Two

Summer

MAT 6700	AT Clinical Practicum III	3
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Credits 3

Fall

MAT 5550	Rehabilitation in Athletic Training II	2
MAT 5600	Athletic Training Administration	3
MAT 5900	AT Field Experience	4

Credits 9

Spring

MAT 5620X	Sports Psychology	3
MAT 6010	Contemporary Clinical Practice	3
MAT 6160	Enhancing Human Performance	3
MAT 6750	AT Clinical Practicum IV	3

Credits 12

Total Credits 63

Contact Us

Apply for Admission (<https://www.slu.edu/admission/>)

Contact Doisy College of Health Sciences

Recruitment specialist
314-977-2570
dchs@health.slu.edu

2+SLU

2+SLU programs provide a guided pathway for students transferring from a partner institution.

Master of Athletic Training (STLCC 2+SLU) (<https://catalog.slu.edu/academic-policies/office-admission/undergraduate/2plusslu/stlcc/athletic-training/>)